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## Trainer

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Reebok RE3000 Instructions

GX40s Cross Trainer. Product Details. DESCRIPTION. Perfect for all fitness levels, the Reebok GX40s provides all the tools for dynamic and interesting workouts. Fitted with a strong 9 kg flywheel, the GX40s delivers a fluid motion throughout for top performance. The 5.5 " LCD console offers 20 total programmes and 32 resistance levels; challenging your fitness with varied cardio sessions ...

GX40s Cross Trainer | Reebok Fitness

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The Reebok RE3000 10211 model is a cross-trainer elliptical machine with a computerised display and preprogrammed exercise routines. The 10211 comes with programs for different intensity levels and heart rate sensors. Examine your RE3000 Model 10211 for all of its parts. The 10211 comes with heart rate sensors on the handlebars, a computer, water bottle holder, side shield, ground bars or ...

Reebok RE 10211 Instructions

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1" stride length. 7kg flywheel weight. 4 console programs. 8 levels of manual resistance. 110kg max user weight. Reebok ZJET 460 Cross Trainer - Silver + Bluetooth (0)

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